

Training Camp in Spring Bulletin 2

19th-21st April 2019 Hokuto Japan

PROGRAM

April 2019

Date	Time	Event	Location
Friday, 19th	16:30	Arrival	Kobuchizawa Station
		Bus Transport	
	17:00	Arrival at the Accommodation	Yatsugatake Leisure Center
		Bath Time	
	18:30	Dinner	
Saturday, 20th	7:30	Breakfast	Yatsugatake Farm
	9:00–	Bus Transport	
	10:00–14:00	Training of Middle Distance	
		Bus Transport	Fujimi Kogen Resort
	15:30–17:00	Training of Sprint	
		Bus Transport	
		Bath Time	Yatsugatake Leisure Center
	18:30	Dinner	
	20:00	Meeting	
Sunday, 21st	7:30	Breakfast	Yatsugatake Leisure Center (Terrain)
	9:00–12:00	Training of Middle Distance	
	12:30	Lunch	Yatsugatake Leisure Center
	13:30–	Bus Transport	
	14:00	Arrival at the Station	Kobuchizawa Station

TRAINING AREAS

Middle Distance: Yatsugatake Farm (N35.894921, E138.343426)

Yatsugatake Leisure Center (N35.878991, E138.381360)

Sprint: Fujimi Kogen Resort (N35.918847, E138.306492)

COURSE PLANNERS

Middle Distance: Itsuki Ito (same as Middle Distance of the competition)

Sprint: Wakana Miyamoto (same as Sprint of the competition)

TRAINING MENUS

Date/Training Area	Class	Length(km)	Climb(m)
Middle Distance Saturday, 20th/ Yatsugatake Farm	MA/WA	2.5	90
	Junior	1.2	40
	Other menus		
Middle Distance Sunday, 21st/ Yatsugatake Leisure Center	MA	3.3	135
	WA	2.6	100
	Junior	2.0	80
	Other menus		
Sprint Saturday, 20th/ Fujimi Kogen Resort	M20/M18	4.0	26
	W20/W18/M16	3.3	16
	W16/W14/M14	2.9	8

PUNCHING SYSTEM

The SPORTident system will be used.

PAYMENT

Please pay entry fee in cash at the camp.

Entry Fee: JPY 21,000 per person

(SI-Card rental: + JPY 500)

TRANSPORT

We will arrange transportation between Kobuchizawa Station and the accommodation on the arrival day and the departure day. Participants should arrange their own transportation from the airport to Kobuchizawa Station.

On the arrival day, we will pick up participants at the station at 16:00 and, on the departure day, we will send them to arrive the station at about 14:00.

ACCOMMODATION

We will arrange the accommodation during the camp.

Yatsugatake Leisure Center

Address: 5618, Yato, Ohizumi-cho,

Hokuto City, Yamanashi Prefecture

Website: <http://www.tortoise.jp/LC/>

EVENT OFFICIALS

Organizer: Japan Orienteering Association

Partner: Orineteering Club Sans Souci

CONTACT

Japan Orienteering Association

Address: Kishi-kinetaiiku-kaikan B1,

1-1-1, Jinnan, Shibuya-ku, Tokyo

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Tel: +81-3-3467-4548

(10:00–16:00 JST on weekdays)

Email: asjvoc2019.hokuto@gmail.com