



The bulletin 1/2

The 41st All Japan Orienteering Championships 2015 (IOF World Ranking Event / M21E & W21E)

This event is financially supported by Public Trust Utsukushima Fund and Fukushima Prefecture.

Sunday, March 29, 2015



Venue: Nihonmatsu Shiroyama Gymnasium
4-220, Kakunai, Nihonmatsu, Fukushima, Japan

Organiser: Japan Orienteering Association (JOA)
Kishi Memorial Hall, 1-1-1, Jinnan, Shibuya-ku, Tokyo, Japan
TEL: int +81-3-3467-4548 FAX: int +81-3-3467-4549
Contact person: Yuko Shimizu (shimizu@orienteering.or.jp)

Official information: http://www.orienteering.or.jp/joc/2015/Bulletin_2015.pdf

WRE Event Advisor: IOF Event Adviser Toru Tanaka (Japan)
Event Director: Kenya Watanabe
Course planner: Yoshinori Takahashi
Event Controller: Norihisa Fujii
Assistant Event Controller: Masahiro Hishita
Local Event Organiser: Fukushima Prefecture Orienteering Association

Emergency contact:
090-8789-8802 or 090-2882-3313 (Local event organizer)
0243-22-2615 (Shiroyama Gymnasium, after 07.30)

1. General Information

[Access to the event venue]

By Train and Bus

The nearest station is Nihonmatsu Station (JR Tohoku Line.)

From Nihonmatsu Station, take Fukushima Kotsu Bus (to Shiozawa Onsen) and off at Omote bus stop (20 minutes from Nihonmatsu Station). The venue is 10 minute walk from Omote bus stop.

[Timetable (Saturday, Sunday, and National holiday)]

Nihonmatsu Station: 07.40 – Omote bus stop: 07.57

Nihonmatsu Station: 11.15 – Omote bus stop: 11.32

Omote bus stop: 12.30 – Nihonmatsu Station: 12.50

Omote bus stop: 14.50 – Nihonmatsu Station: 15.10

Otherwise, take a taxi from Nihonmatsu Station (10 minutes, about 1,500 yen.)

1. From Narita International airport to Nihonmatsu Station

Narita International Airport - Nippori Station (Keikyu Skyliner: 40 min.)

Nippori Station - Ueno Station (Yamanote Line: 5 min.)

Ueno Station – Koriyama Station (Tohoku Shinkansen: 70 min.)

Koriyama Station – Nihonmatsu Station (Tohoku Line: 20 min.)

2. From Haneda International airport to Nihonmatsu Station

Haneda International Airport - Hamamatsucho Station (Tokyo monorail: 20 min.)

Hamamatsucho Station – Tokyo Station (Yamanote Line: 5 min.)

Tokyo Station – Koriyama Station (Tohoku Shinkansen: 80 min.)

Koriyama Station – Nihonmatsu Station (Tohoku Line: 20 min.)

By Car

10 minutes from Nihonmatsu IC (Tohoku Expressway)

2. Competition Information

[Event Schedule]

08:00	Venue open
08:00-10:00	Registration
10:00	First start time

[Classes]

World Ranking Event

Years of Age	Men	Winning Time	Women	Winning Time
No age restriction	M21E	90 minutes	W21E	75 minutes

Non-World Ranking Event

Years of Age	Men	Winning Time	Women	Winning Time
Born in 1995 or earlier (Japanese only)	M20E	70 minutes	W20E	60 minutes
Born in 2005 or later	M10	20 minutes	W10	20 minutes
Born in 2003 or later	M12	30 minutes	W12	30 minutes
Born in 2000 or later	M15A	50 minutes	W15A	40 minutes
Born in 1997 or later	M18A	60 minutes	W18A	50 minutes
Born in 1995 or earlier	M20A	70 minutes	W20A	60 minutes
Born in 1994 or earlier	M21A	80 minutes	W21A	65 minutes
Born in 1994 or earlier	M21AS	60 minutes	W21AS	50 minutes
Born in 1980 or earlier	M35A	70 minutes	W35A	55 minutes
Born in 1975 or earlier	M40A	65 minutes	W40A	50 minutes
Born in 1970 or earlier	M45A	60 minutes	W45A	45 minutes
Born in 1965 or earlier	M50A	55 minutes	W50A	45 minutes
Born in 1960 or earlier	M55A	50 minutes	W55A	45 minutes
Born in 1955 or earlier	M60A	50 minutes	W60A	45 minutes
Born in 1950 or earlier	M65A	50 minutes	W65A	40 minutes
Born in 1945 or earlier	M70A	45 minutes	W70A	40 minutes
Born in 1940 or earlier	M75A	90 minutes		
Classes for less experienced	MBL	50 minutes	WBL	50 minutes
No age restriction	MBS	30 minutes	WBS	30 minutes

Note 1: **Age as born on or before 31st of March, 2015**

Note 2: Classes of 20A or older might be combined if not enough competitors apply (min. 5 participants per class)

Note 3: M21E/W21E are World Ranking Event. Participants may enter those classes individually but endorsement from their federation is required.

[Entry fees] *including E card rental fee

Class	Participation fee for each event except for sprint	
Elite class	+24 yrs of age	4,200 yen
	19 - 23 yrs of age	2,700 yen
	18 yrs of age or younger	2,200 yen
Non-Elite classes	+24 yrs of age	3,700 yen
	19 - 23 yrs of age	2,700 yen
	18 yrs of age or younger	1,700 yen

[Competition rules]

The Competition Rules for IOF Foot Orienteering Events (Valid from 1 January 2014) and the Guidelines for World Ranking Events (WRE) (2012 Edition) are applied to the WRE event (M21E & W21E). To public classes (non WRE), the Competition Rules of JOA are applied.

[Embargoed area]

Competitors are not allowed to enter the surrounding area of Siroyama Gymnasiun until the event ends, for the purposes related to orienteering. Those who are not followed this restriction will be disqualified. Please note that major roads to Kasumigajyo Park and Shiroyama Gymnasium, as well as Nihonmatsu-Shiozawa road, are accessible as exceptions.

[Terrain profile]

This terrain is located in the east skirt of Adatara mountain, in the hilly area fairly close to Nihonmatsu city centre. This area includes Nihonmatsu Castle remains. Among a couple of large ridge lines spreading from the east to the west, cultivated lands can be seen. Altitude difference in this terrain is about 150 metre.

[Training opportunity]

No training opportunity will be offered for the event. However, a local event will be held in Dake Onsen, (Nihonmatsu city) on Saturday, March 28,

[Instruction for the wear]

There is no restriction of competition clothes and shoes. However, the organizer recommends full leg and arm cover clothing depending on the temperature and weather.

[Maps]

Orienteering Maps (JSOM 2007).

Map scale for WRE class is 1:15,000 and contour interval will be 5 m. 1:10,000 map scale may be used for non-WRE classes. Maps will be printed by ink jet printers, enclosed within a plastic bag.

[Existing maps]

Chieko no sato (1989): Scale 1:15,000

Adatara Middle 2 Days (2009): Scale 1:10,000

[Control description]

IOF Control description

[Punching system]

EMIT Timing system is used in all classes.

[Drug Policy]

The IOF Anti-Doping Rules apply to the WRE event. Competitors who are asked by the event officials at the finish area shall follow their instructions.

3. Entry procedure

Entry closing date: Saturday, February 28 2015**[General Entry Procedures]**

Entries can be made through e-mail. Please send the following information to the organizer by e-mail (shimizu@orienteering.or.jp)

[The 41st All Japan Orienteering Championships 2015 Application form]

Family Name:

First Name:

Gender:

Date of Birth:

Federation / Country:

Club:

Entry Class:

Address:

E-mail:

Telephone:

The organizer will send you back an e-mail confirmation when the entry form is received. In case you do not receive our reply in a couple of days, please let the organizer know by e-mail or fax.

Please note that entries are confirmed only after the entry fee is paid.

[Entry for the Elite class]

Competitors in WRE classes can be registered individually or through their clubs but should be endorsed by their federation. The federation should provide the list of the WRE class runners.

[Payment]

All payments should be made by international bank transfer to JOA's bank account.

To cover bank charges, please add 4,000 yen on each transfer. In case any additional charges occur, the organiser would pass on the charges to the participant on arrival.

JOA bank account details

Bank Name: SUMITOMO MITSUI BANKING CORPORATION

Branch: Shibuya branch (Branch code: 654)

Branch address: 20-2, Udagawacho, Shibuya-ku, Tokyo, 150-0042, Japan

Account Number: 8399155

Account Name: Japan Orienteering Association

SWIFT Code: SMBCJPJT

4. Accommodation information

Although no official accommodation arranged, there are various types of accommodation available in Nihonmatsu area. Please contact shimizu@orienteering.or.jp for more information.

5. Other information

[Visa]

If you are from the following countries, you need a visa to visit Japan.

BELARUS, BRAZIL, CHILE, CHINA, COLOMBIA, REPUBLIC OF MOLDOVA, MONGOLIA, D.P.R. KOREA, ROMANIA, SOUTH AFRICA, RUSSIA, UKRAINE.

Please ask your nearest Japanese Embassy for further details or visit following URL for latest information. http://www.mofa.go.jp/j_info/visit/visa/

For necessary document for the Visa, please contact JOA secretary by e-mail (shimizu@orienteering.or.jp). Those who require visa document should notice this in entry form and bear expense of 2,000 yen + EMS postage (900 –1,500 yen).

[Insurance]

All participants are strongly recommended to buy a medical and accident insurance policy in their own country. The organizer will sign up a sport group accident insurance, but this insurance is only valid for medical treatment in Japan.